

Quick Access to Counselling.

No Waitlist.



Reach Out. We're Here to Help.

Burgeo	886-2185
Corner Brook	
Adult	634-4506
Children & Youth	634-4171
Deer Lake	635-7830
Norris Point	458-2381
Port aux Basques	695-6250
Port Saunders	861-9125
Stephenville	643-8740

Drop-In or Call Monday to Friday. In-Person & Telehealth Options.





